

# PERIPHERAL ARTERY DISEASE SCREENING AND ASSESSMENT

**Dear Patient,**

We want to make you aware of a condition that affects as many as 12 million Americans. Peripheral Artery Disease (PAD) is often dangerously undiagnosed. It is a condition in which the arteries that carry blood to the muscles of the legs become narrowed due to the build-up of plaque. This is the same disease process that causes blockages in the heart.

Please take a moment to answer the questions so that we may briefly screen you for PAD. If you have any questions or concerns regarding PAD and your risk, or would just like more information please do not hesitate to ask.

- Y or N** Do you get any discomfort, aching, or fatigue in your legs when you walk?
- Y or N** Do you ever need to stop and rest when you are walking?
- Y or N** Do you have discomfort or difficulty if you walk up an incline or upstairs?
- Y or N** Do you have numbness in your feet?
- Y or N** Do you have any ulcers or slow healing wounds on your legs, feet, or toes.
- Y or N** Do you have any fatigue or heavy legs when walking?
- Y or N** Have you noticed changes in the color or temperature of your feet?
- Y or N** Do you have a history of or take medications for any of the following?
- Diabetes or Borderline Diabetes
  - AGE>70
  - Heart Disease
  - Hypertension
  - Stroke
  - Over weight
  - Smoking or History of smoking.

**IF YOU ANSWERED YES TO ANY OF THE ABOVE YOU MAY HAVE PAD OR PERIPHERAL ARTERY DISEASE. EARLY DETECTION OF CRITICAL VASCULAR PROBLEMS CAN PREVENT STROKE OR DEATH AND LOSS OF LIMB.**

The assessment cannot definitively diagnose or exclude PAD. We encourage all who have taken the above assessment or have any concerns about PAD to make an appointment with a Board Certified Vascular Surgeon or your primary care doctor.